



Coombe House

Rose Orchard



Winter

Newsletter

2010-2011





Celebrating Christmas

At Rose Orchard we are having a mince pie and coffee morning on

Monday December 20th · starting at 10.30

Everyone is welcome to share in the goodies.

The morning will provide an opportunity to admire Jan & Sheila's tasteful decorations, and music will be provided by Jill.



At Coombe House we are holding a
Christmas buffet on
Wednesday December 22nd, 12-2pm.

Again, everyone is welcome.

Service-users and carers have been making their Christmas-themed hats ready for the day. Loads of style & creativity have been used & the more hats the merrier.

Activities at Rose Orchard & Coombe House.

In October & November, Service users from Rose Orchard & then Coombe House visited Welshpool for the canal barge trip - always an enjoyable day.

Right, Alan showing off the Scarcerow entered into the competition at the Odell centre.

DRAMARAMA sessions have started again on Friday afternoons - perfect for all budding thespians.



Paula (left), Peter, Bernard, Julie & James have all celebrated their birthdays recently.

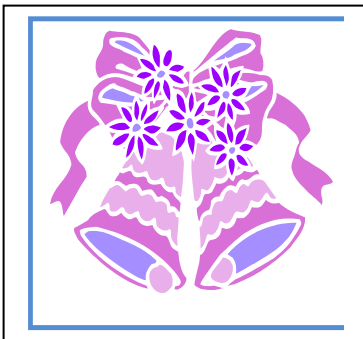
Looking ahead, there will be a visit to the Top barn training centre which provides a variety of outdoor activities. Other popular events include the Xmas concert at Stourport Civic Centre, and a trip on the Severn Valley Railway; photos to follow.

Staff changes

Health care assistant Charlotte has started at Coombe House & has been to Ireland for her induction week, and HCA Mark is working at Coombe House until the end of the year.

Amanda has returned to Rose Orchard on nights after her maternity leave.

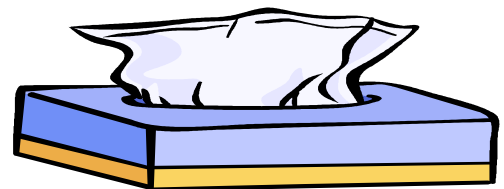
A warm welcome to all.



Staff news from Coombe House. Carla & Clive recently were married in Italy, we all wish them much happiness.

The winter weather (and winter coughs & colds) have arrived; can we remind all visitors that an alcohol-gel dispenser is available in the hallways of both Coombe House & Rose Orchard.

Please use the gel as you arrive & as you depart to help reduce the spread of germs.

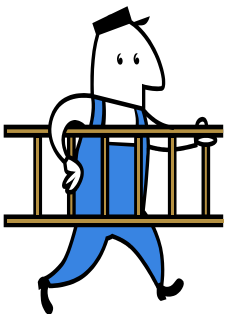


Staff training in October, November & December

- Moving & Handling
- Safeguarding of vulnerable adults.
- Health & safety
- Fire safety

The fire safety training was provided by a Fire Brigade training officer and a serving fire officer. As part of the training each of the participants practiced extinguishing fire using the types of extinguishers installed at Rose Orchard & Coombe House : water, foam, Co2 & powder. A range of fires were created by the fire officers to demonstrate the use of the extinguishers - including papers on fire and burning petrol. Although the fires were small, contained - and remained totally under control of the fire officers, it still brought home the power of fire.

The first practical training session was held in the car park at Burgage Lodge - which gained the attention of many visitors to the Lodge, so subsequent practical sessions were held in the garden of Coombe House !



Developing the quality of services at Coombe House & Rose Orchard.

We regularly review the services that we offer in order to identify areas that can be improved.

An established method of review is about to start afresh - the annual satisfaction survey for 2010-2020 will be sent out shortly. We value all you have to say, so please do complete and return the survey, together we can make the service better.



Working groups have been established at both Rose Orchard and Coombe House to continue development in two important areas

Prevention & Control of Infection (P/CoI) , &
Equality and Diversity (Eq/Div).

Steve is the co-ordination at Rose Orchard & Hilary at Coombe House.

Legislation & National guidelines have been published for both P/CoI & Eq/Div, please contact Emma or Ruth, or Steve or Hilary if you would like to know more about these areas, or how we go about implementing legislation / guidelines in order to meet the individual wishes and needs of each of the service users.



Speak up,
I't hear
vord



WHICH CAROL ?

ABCDEFGHIJKLMNOPQRSTUVWXYZ ... Are you ready ?

Step changes, a type of puzzle invented by Dickens (allegedly)

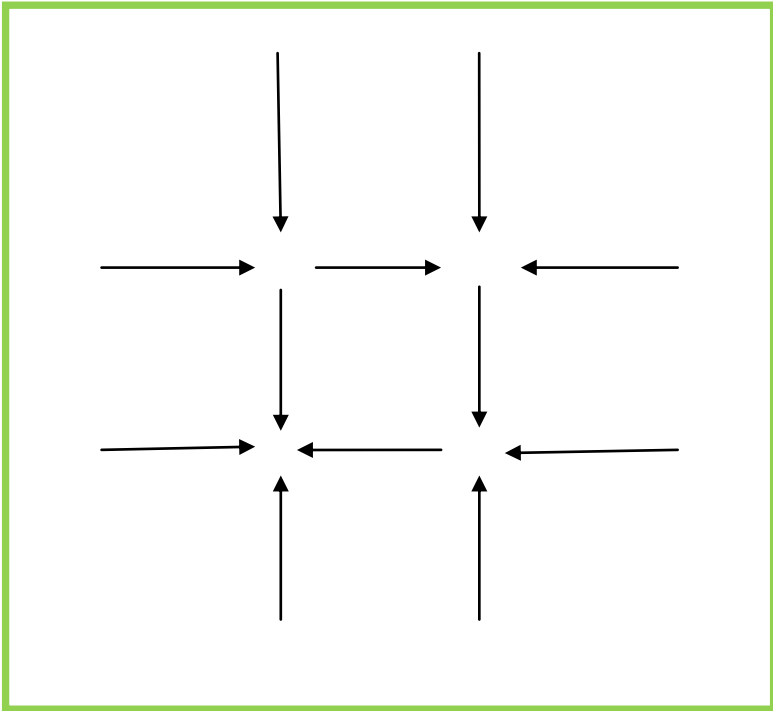
The word **CAT** can be turned into **DOG** in 3 steps :

CAT > COT > DOT > DOG.

Can you change TOE into EAR in 3 steps ?

PHONE into WRITE in 5 steps?

TEARS into SMILE in 5 steps ?



Move 2 matches to change 3 into 6.

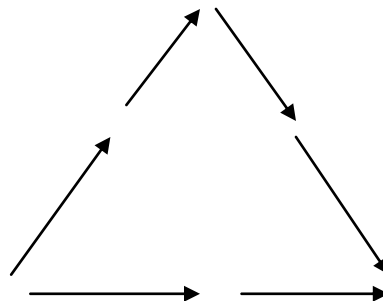
No breaking or bending allowed !



The 6 matches below form an equilateral triangle.

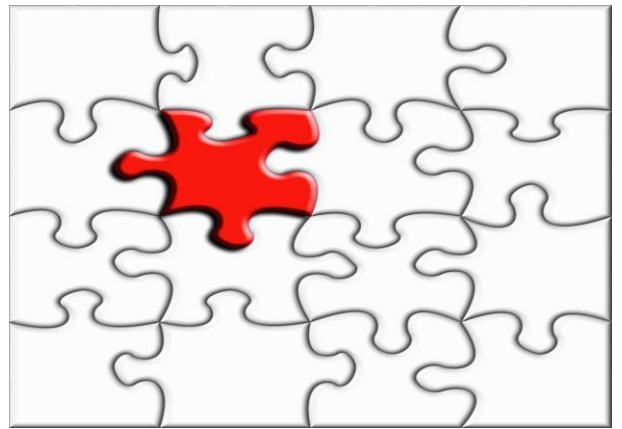
Rearrange as many as you like to make 6 equilateral triangles.

Again - no bending or breaking allowed.



Parent / care liaison group meetings

Following requests from families, the parent / carer liaison groups from Rose Orchard & Coombe House will become joint meetings.



The first joint meeting will be held at Coombe House, for reasons of space, on **19th April 2011 at 2pm.**

Further joint meetings will be held at 6 monthly intervals.

For anyone who isn't sure of how to find Coombe House, you can find a map on the Praxis Care website :

<http://maps.google.co.uk/maps?f=q&hl=en&geocode=&q=DY11%205PH>

..... or we will be happy to give you directions, or post a map.

**Wishing everyone a Merry Christmas
& a very Happy New Year**