

# THE SEASONAL EXPRESS



2011



Produced in Partnership  
with Service Users

Rockmills Strand Road

Issue: 1

Hello and welcome to the Rockmills 'Seasonal Express' quarterly newsletter. This newsletter should keep everyone up to date with the goings on at Praxis Care Rockmills, Strand Rd Derry.

Inside the newsletter each quarter there will be some news, pics of recent social events, competitions and puzzles and of course our personal profiles page 'Under the Spotlight' on either staff or service users and much much more.



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# UNDER THE SPOTLIGHT



I'm Starving, hurry up and take that picture.



**Derek Friars**

**What are your likes and dislikes?**

**Likes:** Football, Food.

**Dislikes:** Ignorance, cheese.

**What do you like most about your work?**

Being able to support and help those who are vulnerable.

**What do you dislike the most about your work?**

The hours of work i.e. late nights and weekends.

**Who would you most like to meet and why?**

Lionel Messi. To see how good he *really* is!!!

**If you were trapped on a desert island what three things would you want with you?**

My goggles, a radio and a football

**What would you do if you won the lottery?**

Help my entire family, try to help the poor as much as possible, buy a big house with a bigger garden and have a long deserved holiday.

**Favourite season and why?**

Summer. Brighter nights, feel good season. Wearing t-shirts all day.

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## Summer Quiz Challenge

**Name the Derry singer from girl band 'Girls Aloud'.**

**How many years is Praxis Care celebrating this year?**

**What date did Derry's Peace Bridge officially open?**

**Where in the world would you find 'Chelsea Flower show'?**

Please cut at the dotted line above and print your name below. Give your answers to a member of staff. Winners will be announced at the next tenants meeting.



# RECENT EVENTS IN PRAXIS

## Volunteer Befriending Awards



Margaret Haslam receiving her 20 year Award.



Sally Donaghey receiving her 15 year Award.



Kevin Gallagher receiving his 5 year Award.



Niall Mc Manus receiving his 5 year Award.

Mary Clarke also received her 15 year Award for volunteer befriending but was unable to attend on the night.

All Awards presented to volunteers by Phyllis Cassidy APO.

## IN SPORT THIS SUMMER

Serving up a super show putting with great style

That's what Rory Mc Ilroy accomplished with a smile

Playing perfect flowing golf, the fans he did beguile,

Now he's the undisputed king, the winner by a mile. (Norman Mooney)

# John & Kevin's trip to Isle of Man June 2011



*John and Kevin (above) waiting for the tram to Snaefell Mountains. (IOM)*

*John & Kevin (below) enjoying a spot of lunch at Coasters Restaurant on the quay. (IOM)*



*John & Kevin enjoying the Tram ride to the Snaefell summit. (IOM)*

# Praxis Notice Board

**PRAXIS TENANTS MEETING WILL TAKE PLACE ON 14<sup>TH</sup> JULY AT 2:30PM AT ROCKMILLS.**

Important issues will be addressed such as Health & Safety at home, up and coming events for the summer months, service user involvement with the newsletter will also be discussed. The winner of the summer crossword will be announced. We hope to see you all there at the meeting.

All service users with gas heating installed must have a Carbon Monoxide Monitor fitted or placed in their properties so that they can be tested weekly with staff.

If you are interested in entering the Crossword challenge then all you have to do is complete the Crossword above and enter your name and date below and pass on to a member of staff. Winners will be announced at the next tenants meeting.

Name: \_\_\_\_\_

Date: \_\_\_\_\_