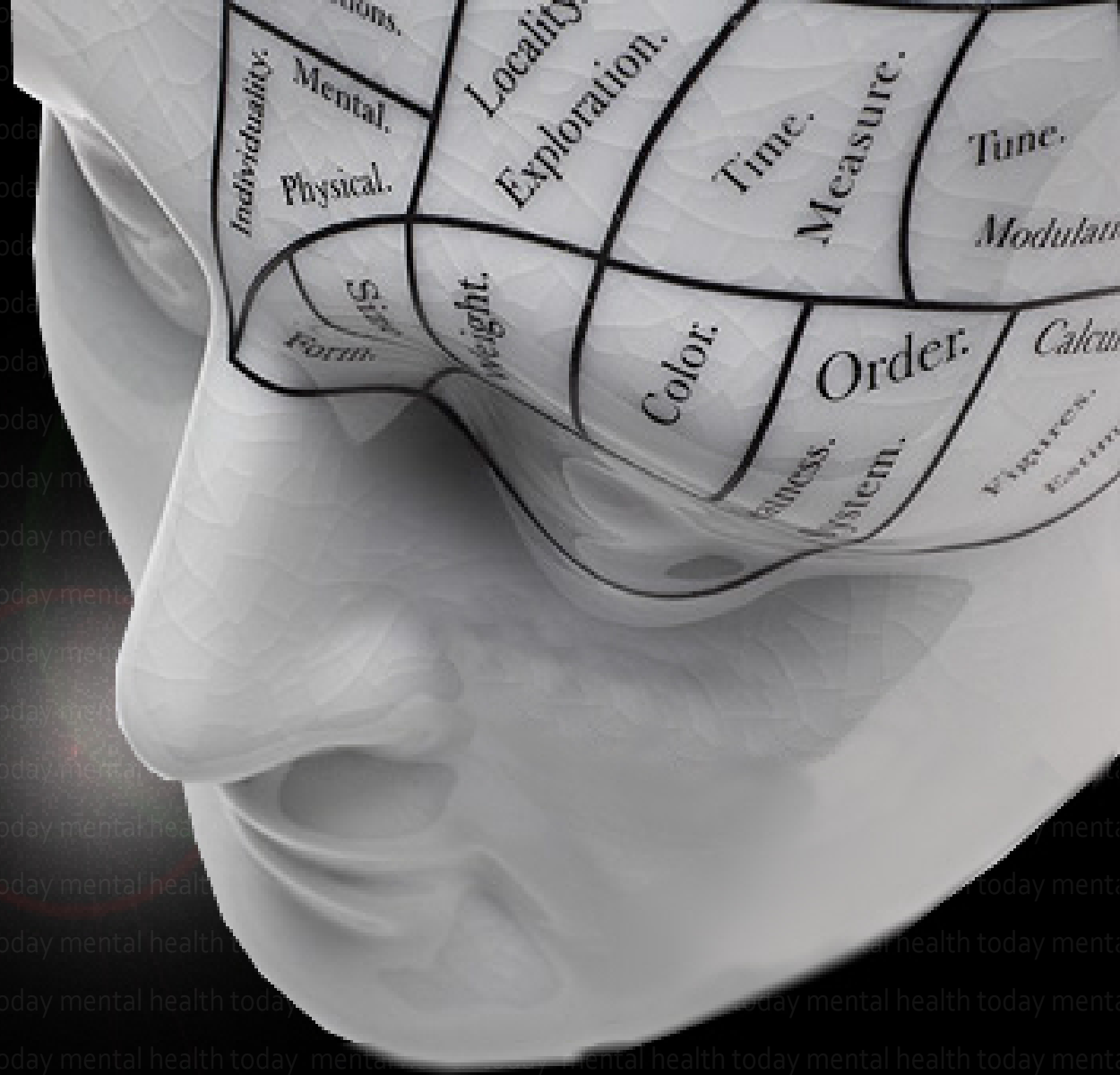


Mental Health Today

One day conference exploring the priority of mental health within care services in a changing society.

The King's Hall, Belfast. Tuesday, 29 March 2011



Mental Health Today Conference

This One Day Conference will explore the priority of mental health issues within care services in a changing society. The Conference will consider future provision in a number of areas, including the effect of financial restraints on service delivery:

- The entrance criteria to mental health services
- The intervention strategies today
- Interface between various agencies
- Signposting of services
- Modern psychological strategies
- The impact on service users

Programme

9.15	Registration and coffee
10.00	John O'Grady. Welcome and Introductions
10.15	Paul McCabe. Accessing mental health services in a challenging environment.
10.30	Stephen Herron. Psychological therapies - direction and impact today.
10.45	Frances Cannon. Towards a recovery orientated ethos
11.00	Comfort Break
11.15	Workshops
	Workshop 1. Signposting services. How to access appropriate interventions
	Workshop 2. Application of psychological therapies to practice
	Workshop 3. Towards a recovery ethos in mental health
12.15	Feedback
12.45	Lunch
14.00	John O'Grady. Opening the afternoon session
14.15	Michael Gracey. Addiction services - a challenge for everyone?
14.30	Siobhan Mackle-Lynch. Forensic Issues in modern psychiatry.
14.45	Anne McKenny. Eating disorders - a modern approach.
15.00	Comfort Break
15.15	Workshops*
	Workshop 4. Addiction – a challenge for society..
	Workshop 6. Present day initiatives with eating disorders.
	Workshop 6. Present day initiatives with eating disorders.
16.15	Feedback
16.45	Closing Remarks

John O'Grady - Clinical/Educational Consultant

John has worked in mental health settings for 30 years. This includes in-patient and community settings. He was a core member of the West Belfast Suicide Task Group. Subsequently he undertook research into suicide prevention at Queen's University and has published several papers on same. Presently he specialises in education programmes and has worked as a nurse consultant in the development and delivery of specialist mental health services.

Paul McCabe - Nurse Development Lead for Acute Services Belfast Trust

Paul has 18 years experience in Mental Health Nursing in both community and inpatient settings. This includes time as a ward manager in Newtownards and Mater Hospital. He has worked as a nurse advisor for two major pharmaceutical companies. He presently represents the Belfast Trust on the HSC Regional Patient Safety Forum.

Stephen Herron - Cognitive Behavioural Therapist BABCP Accredited; Lecturer, CBT at QUB

Stephen has been a Cognitive Behavioural Psychotherapist for 14 years. He was a key member of the DHSSPS Northern Ireland Strategy Group for Psychological Therapies which published its wide and far reaching recommendations in 2010. He is currently a member of the Health and Social Care Board Bamford Implementation Project and represents CBT on the HSCB Regional Psychological Therapies Network. He is an elected committee member of the Irish Branch of the British Association for Behavioural and Cognitive Psychotherapies and has previously served two terms of office as the Chair of the N.I. CBT Forum.

Frances Cannon - Clinical Educational Consultant

Frances has worked in mental health care for over 25 years. This includes acute in-patient services; a nurse led mental health day hospital and specialist mental health liaison service in a general hospital setting. She has embarked on a teaching career and has worked as a nurse consultant in the development and delivery of specialist mental health services. Presently she is the nurse education and development lead to support the modernisation and reform agenda for healthcare within the Northern Ireland Prison Service.

Michael Gracey - Senior Manager Addictions Service, South Eastern Trust

Michael has 30 years experience in Mental Health Nursing both in a hospital and community setting. He has been Addictions Manager in the S.Eastern Trust for the past 18 months. Previously he was the Team Leader for the Addiction Service. He has completed the Independent Supplementary Prescriber course for interventions in Benzodiazepine usage.

Siobhan Mackle-Lynch - Personality Disorder, Team Leader, Southern Trust

Siobhan has worked in Social Work as a team leader in community mental health for 20 years. She has 5 years experience working as a trauma counsellor (trauma related to Northern Ireland conflict). She is a Psychoanalytic Psychotherapist and is a registrant with the British Psychoanalytic Council.

Anne McKenny - Clinical Service Manager for the Eastern Area Team Eating Disorder

Anne has worked in a variety of settings in Mental Health for over 20 years. She is a Cognitive Behavioural Therapist. She has specialised in the treatment of those people suffering from Post Traumatic Stress Disorder and Eating Disorders. She presently leads the specialist team for Eating Disorders.

Speaker profiles

This form can be completed electronically, saved and emailed to: yvonne@chni.org.uk; or completed and posted to the address below.

Cost: £65 per delegate

Cheques to be sent to CHNI, 4th Floor, Andras House, 60 Great Victoria Street, Belfast BT2 7BB. For all enquiries, please telephone 028 90 246440 or email: yvonne@chni.org.uk

Booking form

I would like to book **place(s) at a cost of £65 per delegate***.

Title: Forename:
Surname:

Job title: Telephone:
Organisation: Fax:
Address: Mobile tel:
Email:

Post code:

Additional Delegate Names and Job Titles:

Name: Job title:
Name: Job title:
Name: Job title:
Name: Job title:
Name: Job title:

Dietary / other requirements of you and / or other delegates:

Choosing your workshops

Each delegate is invited to join two workshops, one in the morning and one in the afternoon. As there are limited places on each workshop, please state your preferences, by marking each workshop with your first, second and third choice, for both morning and afternoon.

Morning workshops	Preference		
	1	2	3

- 1: Signposting services – how to access appropriate mental health interventions.
- 2: Application of psychological therapies to practice.
- 3: Towards a recovery ethos in mental health.

Afternoon workshops	Preference		
	1	2	3

- 4: Addiction – a challenge for society.
- 5: Safe working with challenging behaviour
- 6: Present day initiatives with eating disorders

Terms and Conditions.

Once a booking is confirmed there is no refund on cancellations. Substitute participation will be accepted, subject to prior notification to the organisers, CHNI. The organiser reserves the right to alter any of the arrangements of this conference, including cancellation of the event, should unforeseen circumstances require such action. The organisers accept no responsibility for resulting costs and/or inconvenience to delegates. By registering for the Mental Health Today Conference, delegates give permission for their contact details to be used for official purposes. By booking, you agree to the Terms and Conditions outlined above.

**This conference is being sponsored by Awards for All, who are subsidising the delegate rate.*